WENDY-MENUS: INDEPENDENT WENDY'S MENU GUIDE

Wendy's Cookies, Apple Bites & Bakery Menu November 2026

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WENDY'S BAKERY NUTRITION FACTS (CALORIES, FAT, CARBS, SUGAR, PROTEIN, SODIUM)

Item	Calories	Total fat	Sat. fat	Carbs	Sugar	Protein	Sodium
Apple Bites	35	0 g	0 g	8 g	6 g	0 g	0 mg
Chocolate Chunk Cookie	330	16 g	8 g	43 g	26 g	3 g	210 mg
Sugar Cookie	330	16 g	8 g	44 g	24 g	3 g	300 mg

DRINKS(1)

Item	Typical price	Calories
Chocolate Chunk Cookie	$2.49	330 cal

MORE(3)

Item	Typical price	Calories
Fresh Baked Oatmeal Bar		280 cal
Apple Bites	$1.59	35 cal
Sugar Cookie	$2.49	330 cal

Wendy-Menus is an independent guide and is not affiliated with The Wendy's Company. Prices are typical, vary by restaurant, and items can change. Confirm prices, availability, and allergens in the Wendy's app or at your restaurant. Source page: https://wendy-menus.com/bakery/