WENDY-MENUS: INDEPENDENT WENDY'S MENU GUIDE

Wendy's Menu With Prices, Updated November 2026

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POPULAR WENDY'S MENU ITEMS: TYPICAL US PRICE AND CALORIES

Item	Typical US price	Calories	Section
Dave's Single	$7.29	560	Burgers
Dave's Double	$8.69	810	Burgers
Baconator	$10.09	890	Burgers
Jr. Bacon Cheeseburger	$3.99	350	Burgers
Spicy Chicken Sandwich	$7.99	560	Menu and Price Updated
Classic Chicken Sandwich	$7.99	550	Menu and Price Updated
10 PC. Chicken Nuggets	$6.99	430	Chicken Nuggets
3 PC. Tenders	$6.99	420	Chicken Tenders
Chili	$3.99	280	Fries, Chili & Baked Potatoes
Plain Baked Potato	$3.99	270	Fries, Chili & Baked Potatoes
Apple Pecan Salad	$9.99	420	Salads
Classic Chocolate Frosty	$2.49	310	Frosty Flavors
Breakfast Baconator	$5.99	680	Breakfast
Honey Buddy Chicken Biscuit	$4.59	490	Breakfast

WENDY'S MENU BY CATEGORY: ITEMS TRACKED AND TYPICAL US PRICE RANGE

Category	Items	Typical price range	Start with
Breakfast	32	$1.89 to $5.99	Sausage, Egg & Cheese English Muffin
Burgers	24	$1.99 to $11.99	Dave's Single
Chicken sandwiches	11	$2.99 to $8.99	Takis Fuego Chicken Sandwich
Chicken nuggets	15	$3.49 to $13.99	10 PC. Spicy Chicken Nuggets
Chicken tenders	5	$6.99 to $7.99	Kids' 2 PC. Tenders
Salads	4	$9.99	Parmesan Caesar Salad
Fries, chili & potatoes	9	$3.99 to $4.99	Fuego Fries, Inspired by Takis
Frosty	21	$2.49 to $4.49	OREO Brownie Twist Vanilla Frosty Fusion
Drinks	30	$1.89 to $3.99	Simply Orange Juice
Bakery & cookies	4	$1.59 to $2.49	Apple Bites
Wraps	1	$7.99	Grilled Chicken Ranch Wrap
Kids' meals	3	$1.39 to $5.99	Honest Kids Fruit Punch
Sauces	1	Varies	What Is Wendy's Signature Sauce? Ingredients, Flavor, and Best Pairings
Combos & deals	3	Varies	Grilled Chicken Wrap Combo

WENDY'S BREAKFAST IN SHORT (TYPICAL US)

Breakfast	Typical answer
Breakfast hours	About 6:30 to 10:30 a.m. at most US stores
Single items	$1.89 to $5.99
Breakfast combos	$9.87 to $11.46
Breakfast cutoff	About 10:30 a.m., no all-day breakfast

WENDY'S NUTRITION SUMMARY BY MENU CATEGORY (OFFICIAL US FIGURES)

Category	Items	Calories	Lightest	Most protein
Breakfast	25	5 to 820	Small Regular Hot Coffee (5 cal)	Breakfast Baconator (34 g)
Burgers	14	230 to 1,140	Jr. Hamburger (230 cal)	Big Bacon Classic Triple (77 g)
Chicken sandwiches and nuggets	11	170 to 560	4 PC. Chicken Nuggets (170 cal)	Classic Chicken Sandwich (28 g)
Chicken tenders	2	420 to 560	3 PC. Tenders (420 cal)	4 PC. Tenders (44 g)
Salads	4	270 to 470	Parmesan Caesar Salad (270 cal)	Cobb Salad (37 g)
Fries and sides	9	270 to 510	Plain Baked Potato (270 cal)	Chili & Cheese Baked Potato (21 g)
Frosty	8	350 to 480	Strawberry Chocolate Frosty Swirl (350 cal)	Brownie Batter Chocolate Frosty Swirl (9 g)
Bakery	2	330 to 330	Chocolate Chunk Cookie (330 cal)	Chocolate Chunk Cookie (3 g)
Drinks	7	35 to 230	Honest Kids Fruit Punch (35 cal)	Chocolate Milk (7 g)

ONE ITEM FROM EVERY SECTION

Item	Typical price	Calories
Sausage, Egg & Cheese English Muffin	$4.69	540 cal
Dave's Single®	$7.29	560 cal
Takis Fuego™ Chicken Sandwich	$7.99	550 cal
10 PC. Spicy Chicken Nuggets	$6.99	470 cal
Kids' 2 PC. Tenders	$6.99	490 cal
Parmesan Caesar Salad	$9.99	270 cal
Fuego™ Fries, Inspired by Takis®	$3.99	330 cal
Chocolate Frosty® Cream Cold Brew		170 cal
Simply Orange® Juice	$3.59	160 cal
Fresh Baked Oatmeal Bar		280 cal
Grilled Chicken Ranch Wrap	$7.99	420 cal
Honest Kids® Fruit Punch	$1.39	35 cal
Grilled Chicken Wrap Combo		770 cal
Bacon, Egg & Cheese English Muffin	$4.69	370 cal
Homestyle French Toast Sticks, 4 PC	$3.59	460 cal
Homestyle French Toast Sticks, 6 PC	$4.49	630 cal

BREAKFAST(32)

Item	Typical price	Calories
Sausage, Egg & Cheese Biscuit	$4.59	590 cal
Bacon, Egg & Cheese Biscuit	$4.59	420 cal
Egg & Cheese Biscuit	$2.89	370 cal
Honey Buddy Chicken Biscuit	$4.59	490 cal
Honey Butter Biscuit	$1.89	330 cal
Sausage Gravy & Biscuit		410 cal
Sausage Biscuit	$2.59	470 cal
Maple Bacon Chicken Croissant	$5.99	540 cal
Sausage, Egg & Swiss Croissant	$5.29	590 cal
Bacon, Egg & Swiss Croissant	$5.29	420 cal
Breakfast Burrito, Bacon	$5.79	700 cal
Breakfast Burrito, Sausage	$5.79	820 cal

BURGERS(24)

Item	Typical price	Calories
Dave's Double®	$8.69	810 cal
Dave's Triple®	$10.39	1100 cal
Baconator®	$10.09	890 cal
Son of Baconator®	$8.19	590 cal
Big Bacon Classic®	$8.99	610 cal
Big Bacon Classic® Double	$9.99	860 cal
Big Bacon Classic® Triple	$11.99	1140 cal
Bacon Double Stack™	$4.99	420 cal
Jr. Bacon Cheeseburger	$3.99	350 cal
Jr. Cheeseburger Deluxe	$3.49	330 cal
Jr. Cheeseburger	$2.99	270 cal
Double Stack™	$3.99	380 cal
Jr. Hamburger	$1.99	230 cal
Breakfast Baconator®	$5.99	680 cal
Baconator Fries	$4.99	450 cal

CHICKEN SANDWICHES(11)

Item	Typical price	Calories
Spicy Chicken Sandwich	$7.99	560 cal
Classic Chicken Sandwich	$7.99	550 cal
Asiago Ranch Classic Chicken Club	$8.99	670 cal
Spicy Asiago Ranch Chicken Club	$8.99	680 cal
Crispy Chicken BLT	$4.29	420 cal
Crispy Chicken Sandwich	$2.99	340 cal
Classic Chicken Sandwich Combo		900 cal
Spicy Chicken Sandwich Combo		910 cal
Asiago Ranch Chicken Club Combo		1020 cal
Crispy Chicken BLT Biggie Bag®	$8	800 cal

CHICKEN NUGGETS(15)

Item	Typical price	Calories
6 PC. Spicy Chicken Nuggets	$4.49	280 cal
4 PC. Spicy Chicken Nuggets	$3.49	190 cal
10 PC. Chicken Nuggets	$6.99	430 cal
6 PC. Chicken Nuggets	$4.49	260 cal
4 PC. Chicken Nuggets	$3.49	170 cal
4PC. Honey BBQ Nuggs	$3.99	240 cal
6PC. Honey BBQ Nuggs	$4.99	330 cal
10PC. Honey BBQ Nuggs	$7.99	580 cal
20PC. Honey BBQ Nuggs	$13.99	1170 cal
10 PC. Saucy Nuggs Combo		780 cal
10 PC. Chicken Nugget Combo		780 cal
Kids' 4PC Nuggets	$6.19	380 cal

Item	Typical price	Calories
Kids' 4 PC. Spicy Nuggets	$6.19	400 cal

CHICKEN TENDERS(5)

Item	Typical price	Calories
3 PC. Tenders Combo	$12.98	770 cal
4 PC. Tenders Combo	$14.98	910 cal
3 PC. Tenders	$6.99	420 cal
4 PC. Tenders	$7.99	560 cal

SALADS(4)

Item	Typical price	Calories
Cobb Salad	$9.99	410 cal
Apple Pecan Salad	$9.99	420 cal
Taco Salad	$9.99	470 cal

FRIES, CHILI & POTATOES(9)

Item	Typical price	Calories
Chili Cheese Fries	$4.99	510 cal
Cheese Fries	$4.99	470 cal
Sour Cream and Chive Baked Potato	$3.99	300 cal
Plain Baked Potato	$3.99	270 cal
Bacon Cheese Baked Potato	$4.99	420 cal
Chili & Cheese Baked Potato	$4.99	490 cal
Cheese Baked Potato	$4.99	440 cal
Chili	$3.99	280 cal

FROSTY(21)

Item	Typical price	Calories
Caramel Frosty® Cream Cold Brew		160 cal
Vanilla Frosty® Cream Cold Brew		170 cal
OREO® Brownie Twist Vanilla Frosty Fusion™	$4.19	520 cal
Pop-Tarts® Strawberry Vanilla Frosty Fusion™	$4.19	370 cal
Caramel Crunch Vanilla Frosty Fusion™	$4.19	410 cal
Brownie Batter Vanilla Frosty Swirl™	$3.79	480 cal
Strawberry Vanilla Frosty Swirl™	$3.79	350 cal
Caramel Vanilla Frosty Swirl™	$3.79	370 cal
OREO® Brownie Twist Chocolate Frosty Fusion™	$4.19	520 cal
Pop-Tarts® Strawberry Chocolate Frosty Fusion™	$4.19	370 cal
Caramel Crunch Chocolate Frosty Fusion™	$4.19	410 cal
Brownie Batter Chocolate Frosty Swirl™	$3.79	480 cal
Strawberry Chocolate Frosty Swirl™	$3.79	350 cal
Classic Chocolate Frosty®	$2.49	310 cal
Caramel Chocolate Frosty Swirl™	$3.79	370 cal

DRINKS(30)

Item	Typical price	Calories
Tangerine Twist Lemonade	$3.99	220 cal
Pineapple Mango Lemonade	$3.99	230 cal
All-Natural Lemonade	$3.39	190 cal
Strawberry Lemonade	$3.39	230 cal
Coca-Cola®		180 cal
Sprite®		160 cal
Dr Pepper®		170 cal
Barq's® Root Beer		180 cal
Fanta® Orange		180 cal
Minute Maid® Light Lemonade		10 cal
Hi-C® Flashin' Fruit Punch®		200 cal
Regular Hot Coffee	$1.89	5 cal

BAKERY & COOKIES(4)

Item	Typical price	Calories
Apple Bites	$1.59	35 cal
Chocolate Chunk Cookie	$2.49	330 cal
Sugar Cookie	$2.49	330 cal

KIDS' MEALS(3)

Item	Typical price	Calories
Kids' Hamburger	$5.79	440 cal
Kids' Cheeseburger	$5.99	480 cal

SAUCES(1)

Item	Typical price	Calories
What Is Wendy's Signature Sauce? Ingredients, Flavor, and Best Pairings		130 cal

COMBOS & DEALS(3)

Item	Typical price	Calories
$8 JBC Meal Deal	$8	730 cal
Crispy Chicken Biggie Bag®	$8	720 cal

Wendy-Menus is an independent guide and is not affiliated with The Wendy's Company. Prices are typical, vary by restaurant, and items can change. Confirm prices, availability, and allergens in the Wendy's app or at your restaurant. Source page: https://wendy-menus.com/